

SOUTH DAKOTA ARMY AND AIR NATIONAL GUARD

April 2006

FAMILY NEWS

STATE FAMILY READINESS OFFICE



MISSION FIRST,
FAMILY ALWAYS

INSIDE:

New FR Director

Workshop Registration

Summer Youth Activities

THANKS TO ALL WHO SERVE!

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**Freedom Is Never More Than One
Generation From Extinction,
It Must Be Fought For,
Protected And Handed On
- Ronald Reagan**

Adjutant General Major General Michael Gorman

I am continually inspired by the dedication of our families. Especially as we deploy another unit from the South Dakota National Guard. The families, as you know, bear a tremendous burden during these deployments and your steadfast support is crucial to our Soldiers and Airmen accomplishing their mission.



April is the month of the Military Child and I can not help but think about the effects these deployments have on our children. These young heroes are serving their country too, by supporting their mothers and fathers. I am excited about the programs that our Family Readiness Office offers our kids. I know these are great programs and I encourage your children to participate in these great programs.

April 23-29 is National Volunteers Week. One week is not enough to thank all of our volunteers for their extraordinary contributions to the Family Wellness Program. It is because of our volunteer's contributions we have a great program.

Major Harvey Fitzgerald Family Readiness Director

National Volunteer Week

I am truly honored to serve the South Dakota Air and Army National Guard as Family Program Director. My short time in this position has left me speechless at the efforts of our volunteers throughout the Family Support Group network.

It is only right that we recognize these key team Members during the National Volunteers

Recognition Week April 23 – 29. Our motto of

“Volunteers, the heart of our Program” has never been more true than now.



The influence of deployments on our families has thrust me directly into witnessing the recently improved, expanded network of available resources I had not seen before. We now have Marriage Enrichment opportunities, stronger alliances for youth programs, beefed up benefits, and increased staffing to implement and assist families to utilize these services.

But perhaps the most impressive of new resources I have discovered are those for our returning veterans. Enthusiastic health professionals staffing newly remodeled facilities are only part of a world-class system of care. Commitments such as the Troop and Family Counseling Service carry the concern of our country to those who have bravely served as well as their extended families.

I again thank the multitude of volunteers who give their time and talent to support our families. Please consider our Family Assistance Centers to resource your needs. I look forward to visiting with many of you at our State Family Conference in September or at your unit support meetings.

National Volunteer Week /Awards Information

NATIONAL VOLUNTEER WEEK April 23-29



Sponsored by the Points of Light Foundation, National Volunteer Week is about thanking one of America's most valuable assets – our volunteers – and calling the public's attention to all that they do to improve our communities.

The 2006 theme is **"Inspire By Example"** because it truly reflects the power volunteers have to inspire the people they help, as well as, to inspire others to serve!

Family Readiness Program volunteers are what make our Program great. So many of you have spent countless hours ensuring families' needs were met. When your service member answered their nation's call, you answered as well.

All of us on the Family Readiness Advisory Council and in the Family Readiness Office would like to express our appreciation and gratitude for your dedication, commitment and tireless efforts in taking care of families. We could not do our job without you! Truly, you the volunteer "Are the Heart of our Program"! THANK YOU!

Family Readiness Awards

The State Family Readiness Advisory Council is seeking nominations for the Family of the Year, Volunteer of the Year and Family Program Military Member of the Year for 2005.

Deadline for submissions is May 15, 2006 to the Family Readiness Office. Anyone can nominate a family, volunteer, or service member. A selection board will select one Army and one Air Guard recipient from each category. The awards will be presented at the State Family Readiness Workshop on September 23, 2006 in Chamberlain, SD.



As a minimum, nomination packets must include the cover sheet and nomination worksheet (found on the website). Also encouraged for inclusion in the packet are pictures, newspaper articles, letters of recommendation and anything else which would enhance the nomination packet.

Further information and forms can be found at <https://sdguard.ngb.army.mil>, then click on the Family Readiness Program, then volunteer information, then Family Readiness Awards. Contact the State Family Readiness Office if you have further questions, at 1-800-658-3930 or 605-737-6079/6728, or email at familyprogram@sd.ngb.army.mil



Lewis and Clark

Bridging Military Through Time

FAMILY READINESS

SOUTH DAKOTA NATIONAL GUARD
2823 WEST MAIN STREET, BLDG 520
RAPID CITY, SOUTH DAKOTA 57702-8186
1-800-658-3930 /605-737-6728/6079
familyprogram@sd.ngb.army.mil

The Family Readiness Advisory Council is excited about our 2006 Workshop scheduled for September 23 -24 at Cedar Shore in Chamberlain. This year's theme is, "Lewis and Clark - Bridging Military Through Time."

Join us in Chamberlain as we commemorate the Lewis and Clark Expedition. Cedar Shore is located on the shores of the Missouri River; the very river the expedition navigated on their trek to the Pacific Ocean. Help us celebrate these true American heroes who faced unknown people, harsh conditions and unexplored lands to secure a place in history as two of the world's greatest explorers. Similar to our true American heroes of today, American service members, who face unknown perils and harsh conditions in far away lands to provide freedom to others in the world. Both possess the same dedication and commitment. What a great location to meet other volunteers from around the state and honor all those who have served and continue to serve this great nation to include our dedicated volunteers.

We are also excited to offer a different schedule this year with the Workshop beginning at 1 PM on Saturday the 23rd and concluding at noon on Sunday the 24th. The focus of the Workshop will be to promote family readiness and wellness. Classes on post traumatic stress, QPR (Question, Persuade, Refer Suicide Program), and a mini-PREP® (Prevention, Relationship, Enhancement Program) will be presented. The National Guard Drug Demand Reduction Team will also do an educational presentation. And of course we will have a featured speaker plus plenty of time will be allowed for networking. Additionally, you can look forward to an evening awards banquet followed by movies and games for the entire family. Unit showcases will be spotlighted and the silent auction will once again be available.

Don't miss the fun in Chamberlain! **Be sure to complete the enclosed registration form and return with the registration fee TODAY, but No Later Than September 1, 2006.** This allows us ample time to ensure all accommodations.

Daycare by licensed providers will be available for your children. Infants will be kept in a secure area, while the older children are engaged in various activities within the local area. In order to ensure your children's safety and security, children also must be registered by **September 1st** to assist us in the provision of adequate numbers of adult supervisors.

Volunteers will be on Invitational Travel Authorizations if they live over 50 miles from Chamberlain. This allows reimbursement for mileage, room and meals. If volunteers live within 50 miles, they may be reimbursed for mileage. Reimbursement forms will be completed during the workshop.

We encourage you to come and bring your entire family to enjoy some great company and an educational and fun-filled weekend. Please call the Family Readiness Office if you have any questions or concerns at, 1-800-658-3930 or familyprogram@sd.ngb.army.mil.

2006 State Workshop Registration



Lewis and Clark

Bridging Military Through Time

**2006 Family Readiness
State Workshop
September 23 - 24**

**Chamberlain, SD
Cedar Shore**

Conference Registration Form

Please feel free to make copies and share with others who will surely want to attend.

First Name

Last Name

Your Social Security Number (For Travel Orders)

Unit/Squadron Representing

Home Address

City

State

Zip Code

Daytime Phone

Fax

E-mail address

Is your spouse attending? ☐ Yes ☐ No _____
Name

Will the spouse be on military orders? ☐ Yes ☐ No

2006 State Workshop

Room Reservations

For our budget planning purposes, please check if you require a room for Saturday night:

☐ Saturday night

Volunteers will be put on Invitational Travel Authorization (ITA) to pay for mileage, food and lodging (if you live 50 or more miles away from Chamberlain). A block of rooms will be reserved under the National Guard Family Program. **If you require a room, please call and make your room reservations with your credit card, at the Cedar Shore @ 605-734-6376 no later than September 1st.** The room rate is \$60.00 per night. If you have any questions please call 1-800-658-3930 or familyprogram@sd.ngb.army.mil. Military members MUST make pay and per diem arrangements with their unit.

Childcare

Childcare will be available for children: Group 1: 1 month – 3 years old

Group 2: 4 –6 year olds

Group 3: 7-12 year olds

Please indicate below if you will need daycare. There is a \$10.00 charge for each child (all ages) for the entire weekend. (\$30.00 maximum)

Day care will only be provided if the child is pre-registered on this form. Due to the scheduling, safety and security of your child(ren), pre-registration of children is required. No Later Than September 1, 2006.

I will need childcare: ____yes ____no (____Saturday ____Sunday)

Name(s)	Age(s)	Name(s)	Age(s)
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

_____ x \$20.00 = \$_____ Enclosed is a registration fee of \$20.00 for each attendee (This fee is required along with your registration form)

_____ x \$10.00 = \$_____ Enclosed is \$10.00 for each child for Child Care. (Maximum fee for childcare is \$30.00)

Makes checks payable to: State Family Readiness

Mail To: State Family Program Office

2823 West Main St., Bldg 520

Rapid City, SD 57702



Family Assistance Center

Dear Family & Friends,

Our Family Assistance Center staff would like to take this opportunity to thank you for your commitment and dedication to service. Please be reminded that we are available to assist our Military Families with questions, concerns, issues or needs. We commit to you our dedication, confidence and support. Please feel free to contact us; we look forward to working with you.

Representing our Military Families,

TRICARE Reserve Select

Attention ALL SERVICE MEMBERS: TRICARE Reserve Select may soon be available for all National Guard and Reserve Members. These enhancements are still pending proposal and as soon as eligibility is available we will provide you with the details.

For those Service Members currently using TRICARE Reserve Select:

If you are enrolled in TRS and Extend your enlistment or transfer to another unit PLEASE be sure to inform your Unit to update your DEERS record as soon as possible to ensure no break in coverage.

TRICARE Reserve Select like all TRICARE programs are based on your DEERS record. Please be reminded to make updates as they arise such as Military orders for 30 consecutive days or more, births, marriage, address changes, divorce, etc.

You may contact DEERS directly at 1.800.538.9552

You may also see your DEERS record on your AKO account – check it out!

TRICARE Reserve Select is only available while serving in the National Guard/ Reserve. If you separate, transfer into the IRR or ING your TRS benefits will TERMINATE.

For additional information contact TRIWEST @ 1.888.TRIWEST or website www.triwest.com

Please also feel free to contact the Family Assistance Center @ 1.800.658.3930 or by e-mail Michele.anderson@sd.ngb.army.mil

2006 Legislative Bills

The following are benefits that were passed by the 2006 State Legislature that affect members of the South Dakota National Guard. For more detailed information, please visit <http://legis.state.sd.us/sessions/2006/billlist.htm>

HB 1067 -Resident Higher Education Tuition for Active Duty Service members and their spouses stationed in SD

HB 1247 Free In-state tuition to children and spouses of service members who died while on state or federal active duty or for those whose service member was totally disabled.

SB 14 Revised residency requirements to reside at State Veteran's Home

SB 73 Replacement hunting licenses for service members ordered to federal service

SB 172 Tuition rate same for SDNG members regardless of state residency

SB 183 Distinctive motor vehicle license plates for certain military veterans

Support Our Military Families



Cass-Clay donates a portion of the sales from milk in "Easy Grip" containers to organizations that help families of American servicemen and women deployed overseas.

Thank you for buying Easy Grip!



FREE Blue Star Flag

A Tribute to Service members Around the World

I honor of all the brave men and women in uniform, Please visit:

www.grantham.edu/bluestar to receive your FREE Blue Star Flag.



Resource Center – Mental Wellness

Family Assistance Center

1.800.658.3930

VA Mental Health Department-

All of our SD VA Hospitals have coordinated support group meeting for our returning Service Members. For additional information about the support groups or how to obtain individual counseling:

Family Assistance Center 1.800.658.3930

VA Crisis Hot line 1.800.316.8387 ext 6850

Ft. Meade 1.800.743.1070 ext 7088

Sioux Falls 1.800.827.1000

Vet Center-

Services open to Service Member and family member's free services. Services such as professional readjustment counseling, community education, family counseling, substance abuse counseling and much more to assist our transitioning Service Members and families.

Contact information:

Family Assistance Center 1.800.658.3930

Sioux Falls 605.330.4552

Rapid City 605.348.0077

Military ONESOURCE-

A variety of resources to include counseling are available through Military ONESOURCE. Per request Service Member and dependents can receive up to 6 counseling sessions with a private counsel at no cost.

Contact information for Military ONESOURCE:

www.militaryonesource.com

user id: military / password: onesource

Phone: 1.800.342.9647

TRICARE:

For those Service Members covered under TRICARE counseling is available for the Service Member and dependents. It is recommended that Service Member contact TRICARE to obtain any pre-authorizations if necessary prior to appointment. Obtaining services from a TRICARE Network Provider is recommended.

TRIWEST 1.888.TRIWEST

Family Assistance Center 1.800.658.3930

Chaplains:

For spiritual needs Chaplains are available upon request through the Family Assistance Center.

Family Assistance Center 1.800.658.3930

Troop and Family Counseling Services

Professional counselors are available 24 hours, year-round. Representatives will assist in establishing 6 free sessions with a counselor of your choice in your community.

To obtain services 24 hours a day, 7 days a week:

1.888.755.9355

If an emergency occurs please contact 911. The after hours phone number for the Family Assistance Center is 605.381.2859.

The Family Assistance Center is available for resource information. The representatives of the Family Assistance Center are not qualified to provide counseling services.

Post Traumatic Stress Disorder

How are you coping?

National Guardsmen and Reservists are not always a part of the direct camaraderie and cohesiveness that regular active duty military personnel experience. Their normal lives are significantly disrupted when they are deployed. They return from service to an everyday life full of many friends and coworkers who have not shared their military experiences and just months after their return they can face redeployment. The lives of the families of these servicemen are also disrupted; spouses suddenly faced with making decisions without a partner, financial changes, emotional upheaval and at the same time these families may not share the close ties that full time military families obtain from one another. Children grow and develop new skills in school. All parties need to work and adapt to a new and mutually acceptable family pattern.

Information copied from the <http://www.ncptsd.va.gov/faq.html> web site referencing National Center of Post Traumatic Stress Disorder.

Remember many of these signs and symptoms are usually normal – normal reactions to abnormal situations.

Since you were deployed to a war zone, be alert for symptoms of Post Traumatic Stress Disorder (PTSD):

Depression – chronic numb or flat feelings

Isolation – feeling withdrawn from family and friends

Alienation – absence of meaningful contact with others

Avoidance of feelings – inability to feel or express feelings

Rage – bouts of unexplained anger; may be internal or acted out

Anxiety – unexplained nervousness, tension, or hyper alert feelings

Sleep Disturbances – insomnia, nightmares, ect.

Intrusive thoughts – recollections of traumatic experiences that appear for no apparent reason

Startle responses – unusual, involuntary reactions to loud noises, i.e. automobile backfires

Service and family members can request PTSD speakers and trainers to attend FRG meetings or Drill Trainings. Please contact the State Family Readiness to coordinate training.
1-800-358-3930

**Show a Military Child you are proud of them!
Recognize the sacrifices made by Military Families!**

Military children are unique. They share their parents with the world in order to defend our way of life. They sometimes sacrifice their normal family life so that we may all benefit. Their strength shows that they are true patriots. Do something special for YOUR Military child.



APRIL
is
Month of the
Military Child

Chaplain



*State Chaplain
Major Lynn Wilson*

Hello and greetings! My name is Chaplain Lynn Wilson, and I began my job as the full-time support chaplain for the South Dakota National Guard last November. It has been a learning experience, and I wanted to share just a few of the things that I have found out after being on the job for almost five months:

#1. My wife and I have been reminded again of what we knew before: that some of the best people in the world are Guard members and families. One of the busiest weeks of my job was going down to Yankton in December with Major Fitzgerald of Family Readiness and assisting the dear people from that community who had just heard of the tragic deaths of Sgt. Schild and Sgt. Chuka. The soldiers and families from Yankton were outstanding people who came together and drew strength from the Lord and from each other. I was so honored to play a small part in supporting such terrific and awesome people (our prayers continue to go out to the Schild, Chuka, and now Kokesh families who have all lost their wonderful soldier).

#2. The people from Headquarters here at Camp Rapid deeply care about soldiers and families from across the state, and do a terrific job of getting out from their offices and living that belief. They are an inspiration to me, and make me realize I need to get out and about more myself ☺.

#3. I have also found out that sometimes my job gets confused with that of the State Chaplain's. The State Chaplain is the state's highest-ranking Chaplain, and serves as overseer of all the other South Dakota National Guard Chaplains. I have been fortunate to work with two of the best: Chaplain Nelson (who just recently retired) and Chaplain Holzhauser (an excellent Chaplain as well as superb priest serving his parish in Huron). Being full-time affords me the opportunity to put more time into serving soldiers and family, which was difficult when I was a full-time pastor serving in the northeast part of the state.

Please feel free to contact me either by phone #605-431-5182 or email lynn.wilson1@us.army.mil

Chaplain Lynn Wilson



Patriotism Then and Now

by Kelli LaCroix

Patriotism for me was seasonal, recreational, accepted and very much neglected.

Patriotism used to be picnics on the 4th of July, fireworks down by the river and the rehearsed Star Spangled Banner sang before football games. Moments practiced with casual thought and no feeling.

Patriotism is different for me now. I have felt it, heard it and seen it.

I have new visions of patriotism forever burnt into my memory.

My eyes have seen men of every age and rank, dressed in Class A's standing at attention at their fellow comrade, their fellow friend, their uncle, their brother is slowly carried into a crowded church.

My eyes have gazed upon a lonely man standing on his front porch in the frigid December wind with his hand over his heart, saluting a fallen soldier.

My eyes will never forget a little girl's hand caressing the American Flag which blanketed her daddy's coffin.

Patriotism looks, oh so different to me.

I have heard patriotism in the mournful notes of a bugler, as Taps is carried into the gray sky by strong South Dakotan winds.

I have heard the deafening silence in a crowded church as an American flag is gently lifted off of a hero's coffin. You watch and listen as the flag is reverently folded and handed to his grieving widow, his best friend. The quietness of this moment will ring in my ears forever.

I have heard the firing of coordinated rifle shots. A Solemn salute that is not only heard but felt in every muscle of an already sadden, weary body.

Patriotism sounds, oh, so different to me.

I have felt patriotism in the racing of my heart as I stood at the front door of a dear friend's whose life has suddenly changed forever. This new sense of patriotism has been felt in the pit of my stomach. Pain intensified as I drove past an American flag at half mass. This flag suddenly had an identity, a face, a family, a community that was struggling to hold on.

Patriotism has been the lump caught in my throat as I watched amazing woman, fathers, and families' stand strong under enormous challenges. Their brave actions reflect the courage and character of the loved ones they mourn.

Patriotism continues to be felt by me every time an unexpected stranger approaches and asks me about my husband, his unit and wonders when they will be home. Intense feeling of pride causes me to choke back tears. These tears fueled by my new sense of patriotism are not only cried for the men and women in uniform, but also for those proud Americans who recognized the sacrifice and honor it takes to fight for this countries freedom.

I thank God that patriotism is, oh, so different for me.

Training

Mark your calendars! The Family Readiness Office has scheduled the following training for 2006 - 2007. Training is primarily for civilian volunteers but military personnel are also welcome. There is no fee. Volunteers are placed on Invitational Travel Authorizations which cover mileage, food & lodging. Military personnel need to make pay and per diem arrangements with their units. For more information and the most current dates and locations, log onto <https://sdguard.ngb.army.mil> and go to the Family Readiness link – then training / workshops.

BASIC / ADVANCED VOLUNTEER TRAINING

October 14, 2006

BASIC 9AM - 1200/ ADVANCED 1PM to 4:30PM

Rapid City, SD (For All Volunteers)

LEAD VOLUNTEER TRAINING

January 13, 2007 / 9:30AM - 4PM

Chamberlain, SD

(Class for appointed Lead Volunteers of FRGs)

BASIC / ADVANCED VOLUNTEER TRAINING

February 10, 2007

BASIC 9AM - 1200/ ADVANCED 1PM to 4:30PM

Sioux Falls, SD (For All Volunteers)

GUARD FAMILY TEAM BUILDING - INSTRUCTOR TRAINING COURSE

February 24-25, 2007

All day Saturday and concludes Noon Sunday.

Individual class presentation required.

Chamberlain, SD

BASIC / ADVANCED VOLUNTEER TRAINING

March 3, 2007

BASIC 9AM - 1200/ ADVANCED 1PM to 4:30PM

Pierre, SD (For All Volunteers)

BASIC / ADVANCED VOLUNTEER TRAINING

April 7, 2007

BASIC 9AM - 1200/ ADVANCED 1PM to 4:30PM

Watertown, SD (For All Volunteers)

LEAD VOLUNTEER TRAINING

May 5, 2007

9:30AM to 4PM

Pierre, SD (Class for appointed Lead Volunteers of FRGs)

Dates for training to include PREP are subject to change based on funding and enrollments. Enrollment deadlines are one week prior to training.

Room reservation deadlines are much earlier.

PREP®

(Prevention and Relationship Enhancement Program)

The South Dakota National Guard Family Readiness Office and the State Chaplain's Office have teamed up to offer you this outstanding marriage enrichment workshop.

PREP® is **NOT** therapy. There are **NO** "encounter" groups or sharing of personal concerns. There **ARE** simple insights on how to achieve a more loving, growth-filled relationship!

PREP® begins with teaching effective communication skills, addresses problem resolution strategies that work, reveals how to discover the hidden issues in every relationship, and then moves into caring, fun, and friendship. Couples spend most of their time in special discussions or practicing skills with each other.

The workshop begins Friday evening at 6:30PM and concludes at noon on Sunday. Spouses will be on Invitational Travel Authorizations for the workshop. Day care will not be provided but you can be reimbursed your cost (as per Family Readiness guidelines, \$2 per hour, per child for the time spent in the classroom).

Register NOW

to ensure your spot:

- Please log onto

<https://sdguard.ngb.army.mil>

and go to the Family Readiness Program link, then go to Training / Workshops -

♥ Complete the registration form and mail it to the indicated address.

- August 18-20, 2006

Sioux Falls, SD

- October 20-22, 2006

Spearfish, SD

- March 23-25, 2007

Chamberlain, SD

- August 17-19, 2007

Sioux Falls, SD

OR

For questions or further details

♥ Call the Family Readiness Office at
1-800-658-3930 / 605-737-6079

OR

♥ Email at:

familyprogram@sd.ngb.army.mil



Youth Program



The 2006 South Dakota National Guard Summer STARBASE Day Academy will be held June 5th - 9th, 2006 on Camp Rapid in Rapid City.

STARBASE is open to youth that completed the 4th grade and have not yet entered the 7th grade. Military members can sponsor any youth that are eligible. (Neighbor, niece, nephew, etc.)

This is a day camp which starts at 9:00 AM Sharp and ends at 2:00 PM Sharp. Therefore, attendants must arrive at Building 123, Camp Rapid at the stated time with transportation to and from Camp Rapid provided by parent/guardian. All attendants will need to bring a sack lunch. Upon acceptance into the program, further information will be provided.

Please fill in the application on Page 15.



2006 Youth Leadership Camp

The 2006 Youth Leadership Camp will be held on July 24th – 28th at Camp Bob Marshall in Custer State Park. Youth Camp is open to 10-12 year olds that are a child, grandchild or sibling of a South Dakota National Guard service member or retired member. A registration fee of \$75.00 is collected along with the application. Full scholarships are available to youth that have a parent deployed. Transportation will be available for east river youth.

An application is available on Page 13 or on-line at www.sdguard.ngb.army.mil, then Family Readiness then Youth Activities. Please call the State Family Readiness Office at 1-800-658-3930 or email sdngyc@sd.ngb.army.mil with any questions.



2006 Teen Leadership Conference (TLC)

The 2006 Teen Leadership Conference (TLC) will be held on June 6th – 9th at South Dakota State University (SDSU) in Brookings, SD. The TLC is open to all teens. This year's theme is "Where Everybody Knows Your Name." You will find a great balance between leadership training, fun, and personal growth and have the opportunity to build life-long friendships.

TLC will cost \$100 for National Guard Youth that send their registration in by May 10th. The youth camp board will cover the remainder of the fee. Full scholarships are available to teens that have a parent deployed.

An application is available on page 14 or you can access the registration form and view a TLC brochure, on-line at www.sdguard.ng.army.mil, then Family Readiness then Youth Activities. Please call the State Family Readiness Office at 1-800-658-3930 or email sdngyc@sd.ngb.army.mil with any questions.





APPLICATION
South Dakota National Guard
Youth Camp

July 24th – 28th, 2006 (Ages: 10-12)
Camp Bob Marshall

For Camp Use Only

Check # _____
Application complete _____
Physical _____
Information letter sent _____
Liability Waiver _____

Must be submitted complete by June 2, 2006 (**PLEASE TYPE OR PRINT**)

****Youth Name:** _____ Nickname _____

Address: _____ City: _____

State: _____ Zip: _____ E-mail Address: _____

Home Phone: () _____ Male ___ Female _____ Age (as of June 1st)

Date of Birth: _____ SS#: _____ - _____ - _____

T-shirt size (adult): S M L XL **First time Guard camper: Yes No** (Circle)

****Parent(s) / Guardian Name:** _____

Phone #: Daytime: () _____ Evening: () _____

Cell #: () _____ E-mail: _____

****Military Sponsor Information:**

Name: _____ Rank: _____ **Currently Deployed:** Yes No

Unit: _____ Relationship to camper _____

Youth Camp: 10 – 12 year olds (as of June 1st) ~ July 24-28 Rapid City

Must be a child/grandchild, sibling OR legal dependent of a South Dakota National Guard member or retired member.

Your return packet is due June 2nd and should include:

1. **Application:** Please make sure application is filled out completely and signed where indicated.
2. **\$75.00** registration Fee. Payable to **SDNG Camp**. (**Or the Scholarship essay**) Recommend bringing only \$5-15 for Youth Camp for spending money.
3. **Mail to:** SDNG Youth Camp
2823 West Main Street, Bldg 520
Rapid City, SD 57702

We will be unable to process packets with incomplete information. Packets will be returned if incomplete.

I certify that I am the legal parent/guardian of the child listed on this application.

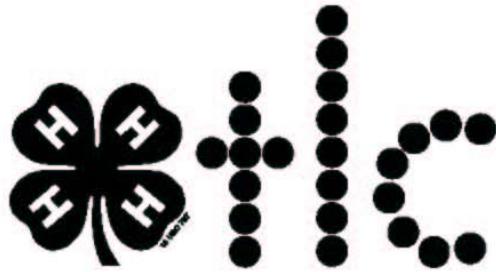
****I grant permission to the South Dakota National Guard Camp to approve emergency medical treatment for my child.**

****I give my permission of the release of my child's name, address and phone number to be provided to fellow campers and staff for the purpose of future communications. It will not be sold or distributed for any other use. Any photos or videos may be used for the promotion of the South Dakota National Guard Camp.**

****I hereby waive any claim against the South Dakota National Guard, the Department of Military Affairs, the State of South Dakota, or the United States of America for any causes which may arise in connection with the participation of** child's name _____
in the South Dakota National Guard Camp.

(Parent / guardian) **Signature**

Date



Where Everybody Knows Your Name
June 6-9, 2006 at South Dakota State University

TLC 2006 Registration Form

Name _____
County _____ Grade _____
Full Address _____

Phone (____) ____ - ____ T-shirt size: __S__ __M__ __L__ __XL__ __XXL__

Roomate Preference: Name _____

County _____

Are you currently enrolled in 4-H? __Yes__ __No__

If you are not currently enrolled in 4-H, you will need to complete the 4-H form containing health information, code of conduct, photo release and emergency contact information. This form is available from your County Extension Office.

Liability Agreement

I release Teen Leadership Conference, South Dakota State University and its employees, volunteers and TLC Staff from any and all claims of liability arising from injury, death, or property damage as a result of participation in the Teambuilding program provided by SDNG or any other workshop my child participates in.

Parent/Guardian Signature _____ Date _____

Contact Information

The cost of the TLC conference is \$125 if registration is postmarked by May 10th, \$150 thereafter.

A minimum deposit of \$75 is required with this form. Make checks payable to: TLC779123

Send checks to: TLC
Family, Youth & 4-H
Box 2207D
SDSU
Brookings, SD 57007

Phone: 605.394.2236 • Fax: 605.394.6607 • <http://4h.sdstate.edu>

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Workshop Selections— Mark your 1st, 2nd, and 3rd choice for each time period.

Wednesday 9:00-9:50 a.m.

- ☐ Group Games & Fun
- ☐ Climbing Wall
- ☐ Ice Breakers
- ☐ Line Dancing
- ☐ Weightlifting
- ☐ Low Impact Aerobics
- ☐ Sign Language
- ☐ Goat Tying
- ☐ Volleyball
- ☐ Biathlon

Wednesday 10:00-10:50 a.m.

- ☐ Tag You're It--Delegation
- ☐ Interviewing Skills
- ☐ Stepping Up in Your Community
- ☐ Teens as Teachers
- ☐ Teen Dilemmas
- ☐ Personal Best
- ☐ Team Building with the Endurance Challenge
- ☐ Peer Helpers
- ☐ From Strangers to TEAM
- ☐ Celling Out-Who's Really in Charge

Wednesday 11:00 a.m.-12:15 p.m.

- ☐ Art Education
- ☐ Meat Science
- ☐ Plant Bio-technology
- ☐ Criminal Justice
- ☐ Dairy Products
- ☐ Library Science
- ☐ Community Health
- ☐ Landscape Design
- ☐ Early Childhood Education
- ☐ Photojournalism
- ☐ TV Production
- ☐ Microbiology
- ☐ Food Science
- ☐ Nursing
- ☐ Pharmacy
- ☐ Athletic Training
- ☐ Soils
- ☐ Veterinary Science
- ☐ International Study
- ☐ Start Your Future Now
- ☐ Military Careers

Wednesday 7:00-7:50 p.m.

- ☐ Theatre Arts
- ☐ Conference Chorus
- ☐ Getting to Know You Icebreakers
- ☐ Hot Topics for Older Teens
- ☐ Round Table of SD Leadership Opportunities
- ☐ Fitness Walking
- ☐ Fishing Fun
- ☐ Jitterbug

Thursday 9:00-9:50 a.m.

- ☐ Large Group Games
- ☐ Livestock Judging
- ☐ Body Image--Tools for Peers
- ☐ Cool Carnival Fun
- ☐ Campus Tour
- ☐ Resume Writing
- ☐ GPS
- ☐ Operation Bug Out
- ☐ Jitterbug
- ☐ National 4-H Ops

Thursday 10:00-10:50 a.m.

- ☐ Mirror, Mirror--Dealing with Body Image
- ☐ Traveling with the Clover
- ☐ Robotics
- ☐ Horsin' Around
- ☐ Up, Up and Away!--Rocket Science
- ☐ Ag History Comes Alive --Ag Museum
- ☐ Roping
- ☐ The World at Your Door--International Ops
- ☐ Memory Blocks
- ☐ Speak Out for Military Kids

Thursday 11:00 a.m.-12:30 p.m.

- ☐ Project Linus with no sewing
- ☐ Project Linus Quilts
- ☐ OMK Backpacks
- ☐ CASA playhouse
- ☐ Senior Home Visit
- ☐ OMK Scrapbooking Project
- ☐ Shooting Sports Backstops
- ☐ Story Time @ Library
- ☐ Crafting Kits for Shelters
- ☐ Kids Against Hunger
- ☐ Puppet Show Construction
- ☐ Paint for Others

2006 STARBASE



Camp Rapid
Rapid City, South Dakota

2006 STARBASE APPLICATION (SUMMER PROGRAM)

Child's Name: _____
Last First Middle

Prefers to be called: _____
Nickname

Parent/Guardian: _____

Address: _____

City: _____ State: _____ Zip: _____

Home Phone: (____) _____ Work Phone: (____) _____

Gender: Male Female Date of Birth: _____ Age: _____

School: _____ School District: _____

School Grade in the Fall: 5th grade 6th grade 7th grade

Has child previously attended STARBASE? _____

If yes, what month, year, and site location? _____

Military sponsor: _____

Relationship to child: _____

Military sponsor's unit, location and service: _____

The 2006 South Dakota National Guard Summer STARBASE Day Academy will be held June 5 to June 9, 2006.

Remarks:

This is a day camp which starts at 9:00 AM Sharp and ends at 2:00 PM Sharp. Therefore, attendants must arrive at Building 123, Camp Rapid at the stated time with transportation to and from Camp Rapid provided by parent/guardian. If we are going on a field trip, times may need to be adjusted to accommodate for bus travel time. All attendants will need to bring a sack lunch – we have refrigeration for them. Upon acceptance into the program, further information will be provided.

Bldg. 123, 2823 West Main Street, Rapid City, SD 57702-8186

Telephone: (605)737-6083 – FAX: (605)737-6082 – Email: starbase@sd.ngb.army.mil



South Dakota National Guard

Family Program Office
2823 West Main Street, Bldg 520
Rapid City, SD 57702

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Volunteers...the  of our program!